

| | Shape/Motion | Space | Time |
|--|--------------------|--------------------------------|-------------------------|
| <p>Last Thursday <i>I cried in practicum! I couldn't believe it. I fought back the tears, but then X asked me how I was and I just started crying.</i> She thought it was because I didn't like the <i>feedback</i> that I was getting. And maybe it was a little but it was also that I didn't feel like I was <i>doing valuable work.</i> I was so <i>excited</i> to have <i>my own project</i> and contribute to this project but now <i>I feel like I won't be making much of a scholarly contribution...and at first</i> that really bothered me, but now I'm just trying to <i>roll with it.</i></p> <p>I find the <i>role of student really hard.</i> Especially after working for so many years and then <i>not feeling like you are being valued</i> or that <i>your voice is not considered important</i> or that your input is <i>second rate ...</i> or that you are used to being good at what you do and then you <i>find yourself in a place where you are not that knowledgeable</i> and now you're trying to <i>figure out</i> how to learn and contribute and <i>still feel like you're accomplishing something important.</i></p> <p>I was also <i>upset</i> about the space issue and not being able to work with the group and feel connected ... <i>I felt isolated.</i></p> | Contracted/huddled | Professional | Transition into unknown |
| | Frozen | Relational | Discomfort |
| | Release | Evaluative | Struggle |
| | Opposition | High expectations Impactful | |
| | Spiraling | Independent | Disappointment |
| | Weighted | | |
| | Shifting weight | | Adjusting |
| | Weighted | Multiple roles Relational | Unanticipated change |
| | Contracted | Hierarchical | |
| | Shifting weight | Unknown | Changing identity |
| | Shifting weight | | Searching |
| | Opposition | | Growth |
| | Contracted | Isolating | Navigation |